Lower Dauphin Middle School Physical Education

Policies and expectations:

- 1. Clothing
 - a. Students will not be allowed to wear school issued athletic equipment.
 - **b.** No sagging pants, no showing midriff, or boxer shorts.
 - c. Comfortable clothing and sneakers are required for PE
- 2. No cell phone use in the gym area will be allowed.
- **3.** Inappropriate language and use of profanity or vulgarity is not acceptable in the school environment.
- **4.** Students will promote a safe and respectful environment by keeping their hands and feet to themselves.
- **5.** All school rules also apply to the gymnasium. Please refer to the student handbook.
- **6**. Masks **MUST** be worn until told by your teacher they can be removed.

Grading Overview:

Grades will be determined based upon the following:

- 1. Participation in activities in class
- **2.** Online assignments submitted through Canvas
- 3. Understanding of rules and displaying appropriate sportsmanship
- **4.** Written evaluation of skills and strategies

Medical excuses and parental excuses:

Parental excuses are accepted and rejected at the discretion of the instructor and/or school nurse. Students will dress and participation will be modified. Excuses for three or more days must be from a physician. In the event of injury or such that requires a physician's note, that note will be honored until the date specified. If the child wishes to return to participation earlier, there must be a written note from the physician acknowledging that the student may return to full participation. Physician's notes that give specific alternative activities while unable to participate are highly recommended and appreciated so that the student may be involved in alternative activities.

Online Expectations:

- 1. Zoom check ins will be used at the beginning of your class for attendance purposes
- 2. If you zoom isn't working, you will need to send your teacher a message through Canvas by the end of your class period, in order to be considered present for that day
- 3. Any online assignments must be submitted by the end of the school day to your teacher
- 4. Every other Friday you will be given an online assignment to complete

Contacting Teachers:

The Physical Education Department may be contacted by calling the main office at (717) 566-5310 and they can reach the extension of the teacher. Email is the suggested method of contact.

Teacher	Email Address	Phone Ext.
Nic Amici	namici@ldsd.org	3202
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David Gourley	dgourley@ldsd.org	3810
Jen Kastelic	jkastelic@ldsd.org	3320
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